Concentrated Exercise

**BOW CHANGES**

Legato Motion

Ways to Practice

A. Use Nos. 2 (Point, Pryn, Middle), 5, 6, 7, 8, 10 from the 10 ways to Practice

B. Do on other strings

---

**STRING CROSSING**

Exercising Legato—Staccato—Spiccato Motions

Ways to Practice

A. Use Nos. 1, 2, 5, 6, 7, 10 from the 10 Ways to Practice

B. Use Spiccato with Nos. 3, 5, 7

C. Use Staccato with Nos. 3, 6, 10